

Proyección Demográfica de Panamá: Años 2024-2034

Según: áreas, provincias y comarcas indígenas

	2024	2025	2026	2027	2028	2029	2030	2031	2032	2033	2034	Variación
POBLACIÓN TOTAL	4,119,470	4,172,757	4,226,045	4,279,332	4,332,619	4,385,906	4,439,193	4,492,480	4,545,767	4,599,054	4,652,341	532,871
Evolución porcentual	1.3	1.3	1.3	1.2	1.2	1.2	1.2	1.2	1.2	1.2	1.1	1.2
Pob. Urbana	2,813,315	2,859,188	2,905,303	2,951,661	2,998,261	3,045,103	3,092,187	3,139,513	3,187,082	3,234,892	3,282,945	469,630
%	68.3	68.5	68.7	69.0	69.2	69.4	69.7	69.9	70.1	70.3	70.6	2.3
Pob. Rural	1,306,156	1,313,570	1,320,741	1,327,671	1,334,358	1,340,803	1,347,006	1,352,967	1,358,685	1,364,162	1,369,396	63,240
%	31.7	31.5	31.3	31.0	30.8	30.6	30.3	30.1	29.9	29.7	29.4	-2.3
Pob. Indígena	261,053	265,648	270,243	274,838	279,433	284,028	288,623	293,218	297,813	302,408	307,003	45,950
%	6.3	6.4	6.4	6.4	6.4	6.5	6.5	6.5	6.6	6.6	6.6	0.3
Bocas del Toro	162,270	165,311	168,353	171,395	174,436	177,478	180,520	183,562	186,603	189,645	192,687	30,417
%	3.9	4.0	4.0	4.0	4.0	4.0	4.1	4.1	4.1	4.1	4.1	0.2
Coclé	271,125	273,986	276,847	279,708	282,569	285,430	288,291	291,152	294,013	296,874	299,735	28,610
%	6.6	6.6	6.6	6.5	6.5	6.5	6.5	6.5	6.5	6.5	6.4	-0.1
Colón	285,336	288,717	292,097	295,477	298,858	302,238	305,618	308,999	312,379	315,759	319,140	33,803
%	6.9	6.9	6.9	6.9	6.9	6.9	6.9	6.9	6.9	6.9	6.9	-0.1
Chiriquí	475,518	479,965	484,412	488,859	493,306	497,753	502,200	506,647	511,094	515,541	519,988	44,470
%	11.5	11.5	11.5	11.4	11.4	11.3	11.3	11.3	11.2	11.2	11.2	-0.4
Darién	54,842	55,448	56,055	56,661	57,268	57,874	58,481	59,088	59,694	60,301	60,907	6,066
%	1.3	1.3	1.3	1.3	1.3	1.3	1.3	1.3	1.3	1.3	1.3	0.0
Herrera	122,923	123,776	124,628	125,481	126,333	127,186	128,038	128,890	129,743	130,595	131,448	8,524
%	3.0	3.0	2.9	2.9	2.9	2.9	2.9	2.9	2.9	2.8	2.8	-0.2
Los Santos	99,117	99,768	100,419	101,070	101,721	102,371	103,022	103,673	104,324	104,975	105,626	6,509
%	2.4	2.4	2.4	2.4	2.3	2.3	2.3	2.3	2.3	2.3	2.3	-0.1
Panamá	1,461,617	1,482,694	1,503,770	1,524,847	1,545,924	1,567,001	1,588,078	1,609,154	1,630,231	1,651,308	1,672,385	210,768
%	35.5	35.5	35.6	35.6	35.7	35.7	35.8	35.8	35.9	35.9	35.9	0.5
Panamá Oeste	663,673	673,244	682,814	692,384	701,955	711,525	721,095	730,666	740,236	749,806	759,376	95,703
%	16.1	16.1	16.2	16.2	16.2	16.2	16.2	16.3	16.3	16.3	16.3	0.2
Veraguas	261,996	264,201	266,406	268,611	270,816	273,021	275,226	277,431	279,636	281,841	284,046	22,050
%	6.4	6.3	6.3	6.3	6.3	6.2	6.2	6.2	6.2	6.1	6.1	-0.3
Comarca Kuna Yala	31,997	31,979	31,960	31,941	31,923	31,904	31,885	31,866	31,848	31,829	31,810	-187
%	0.8	0.8	0.8	0.7	0.7	0.7	0.7	0.7	0.7	0.7	0.7	-0.1
Comarca Emberá	12,537	12,716	12,894	13,073	13,252	13,431	13,609	13,788	13,967	14,146	14,325	1,788
%	0.3	0.3	0.3	0.3	0.3	0.3	0.3	0.3	0.3	0.3	0.3	0.0
Comarca Ngöbe Buglé	216,519	220,954	225,389	229,824	234,259	238,694	243,129	247,564	251,999	256,434	260,869	44,350
%	5.3	5.3	5.3	5.4	5.4	5.4	5.5	5.5	5.5	5.6	5.6	0.4

FUENTE: Diseño propio, en base a datos demográficos y de los Censos de Población y Vivienda del INEC, años: 2000, 2010 y 2023.